## 2003 Health and Preventive Practices Status Report

MISSOUR! DEPARTMENT OF HEALTH AND SENIOR SERVICES. CHRONIC DISEEASE PREVENTION AND HEALTH PROMOTION

## from Missouri County-level Study



	County Prevalence (%)*	Southeast Region Prevalence (%)*	State Prevalenc (%)*
$G_{\text{eneral}}$			
Health Status (Fair or Poor)	21.1	23.2 H	16.9
No Health Coverage	21.6 H	17.4 H	12.3
Behavioral Risk Factors			
Physical Inactivity	29.1	30.6 H	23.0
Current Smoker	25.4	28.1	26.5
Overweight (BMI 25-29.9)	42.0	36.9	35.3
Obese (BMI ≥ 30)	24.4	26.9	23.4
D <sub>isease</sub> and Conditions			
High Blood Pressure	25.5	30.0	28.5
High Cholesterol (35 years or older)	39.9	38.2	37.3
Asthma	12.4	12.3	10.7
Diabetes	6.7	7.5	7.2
Activity Limitation	17.4	20.6	17.8
ancer Screening			
Women			
Never had a Mammogram	35.7 H	20.5 H	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	65.6	58.0	49.4
50-64 years of age	62.5 H	44.8	35.9
65 and older	59.8	52.9	47.4
Never had a Pap Test:			
18-69 years of age	13.1	3.8	5.1
70 and older	9.2	8.2	6.4
No Pap Test in Last Year (18-29)	17.5	23.5	25.8
No Pap Test in Last 3 Years (30-69)	35.0	15.4	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	57.0	63.1 H	57.0
No Blood Stool Test in Last Year	79.2	83.7 H	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	54.5	59.0 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	65.8	67.7 H	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

- indicates that the prevalence rate is not significantly above or below state prevalence
- indicates that the prevalence rate is significantly above the state prevalence
- indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

<sup>\*\*</sup> The best indicators for Oregon county were obtained by combining data from Oregon and Howell counties.